Specimen Requirements for Molecular Genetics Testing

Sample Type	Code	Collection Container(s)	Collection and Processing Instructions	Shipping Instructions and Preferred Sample Condition	Comments
Amniotic Fluid	AF	Please speak with a Laboratory Genetic Counselor for these requests	Please speak with a Laboratory Genetic Counselor for these requests	Please speak with a Laboratory Genetic Counselor for these requests	
Cultured Amniocytes	CAF	Please speak with a Laboratory Genetic Counselor for these requests	Please speak with a Laboratory Genetic Counselor for these requests	Please speak with a Laboratory Genetic Counselor for these requests	
Bone Marrow	BM	EDTA (Purple Top) or ACD (Yellow Top)	Collect 2-3 ml of bone marrow	* Refrigerate until time of shipment. Ship sample within 5 days of collection at room temperature with overnight delivery.	
Cord Blood	СВ	EDTA (Purple Top) or ACD (Yellow Top)	Collect 1 to 3 ml of fetal blood	* Refrigerate until time of shipment. Ship sample within 5 days of collection at room temperature with overnight delivery.	
Chorionic Villi	CV	Please speak with a Laboratory Genetic Counselor for these requests	Please speak with a Laboratory Genetic Counselor for these requests	Please speak with a Laboratory Genetic Counselor for these requests	
Cultured Chorionic Villi	CCV	Please speak with a Laboratory Genetic Counselor for these requests	Please speak with a Laboratory Genetic Counselor for these requests	Please speak with a Laboratory Genetic Counselor for these requests	
Cultured Fibroblasts	CF	T25 or T75 flask	at least 1-T25 (or T75) with a confluency of 75-80% Note: Cultures should be < 3 weeks old	Send overnight at room temperature. Do not refrigerate or freeze.	
DNA, Isolated	DNA	Microtainer	*Next Generation Sequencing (NGS):	Refrigerate until time of shipment in 100 ng/ul of	* Research Laboratories: DNA

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Sample Type	Code	Collection	Collection and	Shipping Instructions and	Comments
		Container(s)	Processing	Preferred Sample	
			Instructions	Condition	
			30µg	TE buffer. Ship sample at	extracted in research
			* C	room temperature with	laboratories is not
			* Sanger Sequencing:	overnight delivery	acceptable. Only under
			5-25μg (Varies by size		exceptional
			of gene. Please contact the laboratory for		circumstances (e.g.
			specific amounts.)		proband not available)
			specific amounts.)		will DNA extracted in a
			* Non-Sequencing		research laboratory be
			Tests : 20 μg		accepted for clinical
					testing. Additional
			* Array-Based Tests:		testing (e.g. of other
			10 μg		family members) may
			Isolation using the		be required to confirm
			Isolation using the		results.
			Qiagen™ Puregene or Perkin Elmer™		* Non-US Laboratories:
			Chemagen kit for DNA		Non-US laboratories,
			extraction is		which are not subject
			recommended		to CLIA regulations, will
			recommended		be reviewed on a case-
					by-case basis. Please
					call to speak with a
					laboratory genetic
					counselor prior to
					submitting a DNA
					sample from any non-
					CLIA-certified
					laboratory.
					* Special Note: All
					clinical tests have been
					validated using DNA
					isolated by the
					Chemagen Automated
					Extraction method or
					QiagenTM Puregen kit.
					If extracted DNA is
					submitted, information
					regarding the method
					used for extraction
	1				should be sent along

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Sample Type	Code	Collection Container(s)	Collection and Processing Instructions	Shipping Instructions and Preferred Sample Condition	Comments
					with the sample.
Dried Blood Spot	DBS	Please speak with a Laboratory Genetic Counselor for these requests	Please speak with a Laboratory Genetic Counselor for these requests	Please speak with a Laboratory Genetic Counselor for these requests	
Muscle Biopsy	MB	Sterile container	1-2 mm in length or > 100 mg is acceptable. Flash freeze sample upon collection using liquid nitrogen. If storage is required, store sample at -80°C or colder.	Ship frozen sample on dry ice with overnight delivery. NOT ACCEPTED ON SATURDAY	
Formalin- Fixed Paraffin Embedded (FFPE) Tissue	PE	Block or Slides	* Submit FFPE block and a H&E stained slide OR * Submit two 15µm scrolls and a H&E stained slide OR * Submit FFPE unstained slides (15µmX3) and a H&E stained slide	Ship at ambient temperature (18-25°C/64-77°F) in an insulated container by overnight courier. Do not heat or freeze.	* Full strength liquid formaldehyde fixed tissue is NOT acceptable
Products of Conception	POC		This is not a preferred specimen. Please speak with a Laboratory Genetic Counselor for these requests as Director Approval is required. Specimen requirements will be similar to CYG requirements. Any deviations will be approved by Lab	Send overnight at room temperature. Do not refrigerate or freeze.	

Sample Type	Code	Collection Container(s)	Collection and Processing Instructions	Shipping Instructions and Preferred Sample Condition	Comments
			Director.		
Saliva	SLV	Oragene™ Saliva Collection kit	Oragene™ Saliva Collection kit used according to manufacturer instructions. Please contact EGL for a saliva collection kit for patients that cannot provide a blood sample. Note: Whole blood is the preferred sample.	Please do not refrigerate or freeze saliva sample. Please store and ship at room temperature.	
Skin Biopsy	SK	Sterile container with EGL transport media or other sterile culture media (RPMI, Hanks Solution)	Obtain 1-2 cm pieces of tissue from a central location rather than a distal location to enhance cell viability and growth. Place in sterile container with EGL transport media or other sterile culture media. Use sterile dissection (no prep) for internal tissue. Tissue fixed in formalin cannot be used. Refrigerate until time of shipment. In the absence of media, place in a sterile container with a small amount of sterile	Ship sample at room temperature for receipt at EGL within 24 hours of collection. Do not refrigerate or freeze.	
Tissue Biopsy	ТВ	Sterile container	1-2 mm in length or >	Ship frozen sample on dry	
			100 mg is acceptable. Flash freeze sample	ice with overnight delivery.	

Sample Type	Code	Collection Container(s)	Collection and Processing Instructions	Shipping Instructions and Preferred Sample Condition	Comments
			upon collection using liquid nitrogen. If storage is required, store sample at -80°C or colder.	NOT ACCEPTED ON SATURDAY	
Whole Blood (Sodium heparin)	WBG	Sodium Heparin (Green Top)	Infants (<2 years): 2-3 ml Children (>2 years): 3- 5 ml	* Refrigerate until time of shipment. Ship sample within 5 days of collection at room temperature with overnight delivery.	
Exception - May not be accepted for: MD, HY, MM021 (females			Older Children & Adults: 5-10 ml Special Notes and Exceptions:		
only), MXLI1 (females only), AK, and CM080			 Clotted or hemolyzed samples are not accepted Southern Blot Analysis: minimum 3 ml blood 		
Whole Blood (EDTA) Preferred sample type	WBP	EDTA (Purple Top)	Infants (<2 years): 2-3 ml Children (>2 years to 10 years old): 3-5 ml Older Children & Adults: 5-10 ml	* Refrigerate until time of shipment. Ship sample within 5 days of collection at room temperature with overnight delivery.	
			Special Notes and Exceptions: Clotted or hemolyzed samples are not accepted Southern Blot Analysis: minimum 3 ml blood		

Sample Type	Code	Collection Container(s)	Collection and Processing Instructions	Shipping Instructions and Preferred Sample Condition	Comments
Whole Blood (ACD)	WBY	ACD (Yellow Top)	Infants (<2 years): 2-3 ml Children (>2 years to 10 years old): 3-5 ml Older Children & Adults: 5-10 ml Special Notes and Exceptions: Clotted or hemolyzed samples are not accepted Southern Blot Analysis: minimum 3 ml blood	* Refrigerate until time of shipment. Ship sample within 5 days of collection at room temperature with overnight delivery.	